

Thank you for stepping up and meeting the need

Hello all!!!

I have been overwhelmed by the positive response I have seen from not only our amazing volunteers but also the public and the businesses that support us! The community spirit in Newquay, and the surrounding areas, has always been something that I have loved, but It seems when situations get tough, the community go to a whole new level to respond and support wherever needed. I know many of our regular volunteers have been forced to stay at home and please know that we miss you and hope that you stay safe and come back to us as soon as this is over. If you need anything please let us know. To fill your amazing shoes, we have been blessed by an outstanding response of support from the public...but more about that later.

Enjoy 😊

Latest News



Rev Clare Anderson takes the lead

The Foodbank continues to grow at an exceptional rate and, with it, do the jobs and roles required to support and run it. Rev Jem Thorold has had a strong impact on the successful growth of the Foodbank and his leadership has kept us on the right course. Unfortunately, with the growing demands on his time he has taken the decision to step down from Chair to free up his capacity to focus elsewhere. He will continue to support us through our sessions at St Michaels and in other ways where required. We as a Foodbank are very grateful to Jem for the time he has given to us and look forward to continuing to work closely with him in the future.

Luckily as Jem steps away, Rev Clare Anderson is ready and willing to step in. Her enthusiasm and determination to carry us forward into our next chapter is evident and has already been demonstrated in her willingness to step into the role of lead at St Michaels, where Graham has had to take a break due to Co-Vid 19.

Whilst still incredibly busy Clare has expressed an excitement for this new challenge. Now, this will need to be confirmed though an official vote at the Foodbank AGM, however, due to the current crisis delaying this event and to ensure continuation of service the committee voted at the last meeting to appoint Clare as interim Chair until the AGM vote can make it official. We welcome Clare back to the Foodbank and look forward to where we go under her leadership.

Co-Vid 19 WILL NOT CLOSE US DOWN

As I said above, the response, to the Co-Vid 19 crisis, has been amazing. We have changed the way we operate and we have brought in extra support where needed. Importantly we have stayed open to support those who need us! For those who have not been at sessions we have seen an unsurprising increase in the demand for our support. 52 extra boxes have gone out to the community in March compared to last year. Bringing the **total number of boxes given out last month (March) to 190**, With the



biggest increase being in the support we have given to families. We also worked closely with DISC to support the homeless individuals relocated to holiday parks around Newquay.

It has been difficult implementing Social Distancing measures; however, this has been successful due to the increase in home deliveries sent out to people who are self-isolating. By running deliveries, we are minimising people attending sessions and therefore minimising risk to volunteers and other clients.

Referrals are coming from many agencies that are still able to contact their clients via email and phone, whilst Volunteer Cornwall have stepped in to support individuals unable to access their normal support network or new to needing this kind of help. For anyone who is trying to get support the contact details for volunteer Cornwall are as follows: requestforhelp@volunteercornwall.org.uk phone number 01872 266988.



Emergency Volunteers

With so many of our incredible volunteers having to stay at home to be safe, we were nervous how we would cope. Especially as we were going to require extra support in terms of delivery drivers and door staff. However, knowing our community as we do, there should never have been a fear. A plea went out on Facebook, Radio and in the Newquay Voice and the response was tremendous. We now have a Facebook page dedicated to these fantastic

individuals who have come forward to fill the gap with a membership approaching 50 Emergency Volunteers!!! We are never short of people willing to support. The foodbank and community are so grateful to all who have stepped in, with minimal to no training, to ensure we can continue to serve.

For more info on this search on Facebook for 'NFBemergencyvolunteers.'

Donations Keep us going

We all know how loving and caring this community is and how they will always respond where help is needed. The current crisis is no different. Whether it has been businesses that have had to shut and have given us their left-over stock, individuals stepping up to donate through our [online platform](#), supporting us financially, or through physical food donations. These are the people who are keeping us going. The photos show just a few of the donations that have come in and I could never hope to thank everyone for their support, but in the hope that we do not offend some by mentioning others, can we say a massive shout out to Transformation Cornwall for their support in so many areas, to St Columb Major Rotary who continue to support Oasis our Saturday Foodbank session, To Freshpoint for their ongoing support with Fruit and Veg, to Mole Valley Farmers who supplied an amazing supply of Easter eggs as did Holland and Barrett amongst others, to Cod End and other chip shops whose donations will keep us going for a while yet! To all the schools and businesses who have done collections on our behalf and to our long-standing collection points Morrisons, Sainsburys, Aldi, Asda and Perranporth Co-op to name a few. As was said we cannot hope to mention all the people who have made an impact through donations, but know that your generosity has kept us going through this difficult period.



Morrisons Heroes!!!

A special thankyou goes out to Morrisons and in particular Steph, Becca and Nat. For those of you who are unaware, Morrisons are running a £1000 a week project to support the local community and we have been blessed to be chosen as one of their charities. For the 12 weeks we will be receiving a minimum of £250 worth of ambient stock a week, donated to fill our shelves, they are also doing a massive drive to increase donations made by the public. This has had a significant impact on our ability to support the community and we have been blown away by the enthusiasm of the Morrisons Community Champions and the public's response to this.



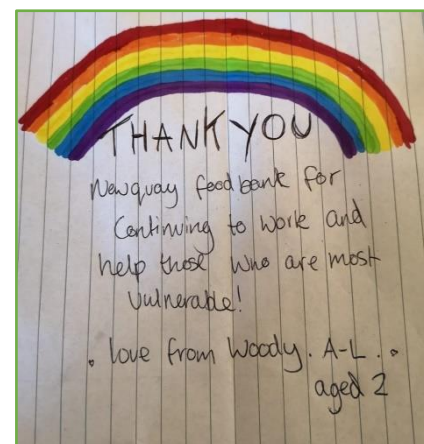
Going one giant leap further Morrisons addressed one of our greatest needs, the ability to purchase stock amongst all the restrictions caused by panic buying. They have engaged with the foodbank to ensure we could always purchase what was not donated. Not only this but they take the list each week, pick the stock and have it ready and waiting for us to collect, a job that saves our volunteers valuable time that they can use elsewhere. Thank you so much, we cannot over express the impact you have had.

#feedingthenation #morrisonnewquay #morethanourjob



Beautiful messages that warm the hearts!!!

Now whilst no volunteer volunteers for the thanks, we cannot help but smile when people do take that moment to stop and show appreciation or let us know about the impact we have had. It is these simple gestures that help us understand the time we give is worthwhile and that the effort is not wasted. Here are just a few notes we have received during this crisis.



Fundraising

The fundraising team led by Emma continue to do an amazing job on our behalf, applying for grants that can support us either in the food delivery or the background costs.

Last financial year our outgoings were over £16,600, this would have been a lot higher if it were not for the donations we continue to receive as described above. As a charity that receives no ongoing support from the government the fundraising and donations are vital. Thank you to the team for continuing to work tirelessly to ensure the donations and grants match the ever-increasing expenditure we face.

Upcoming Events

Unfortunately, with the current crisis the events have had to take a back seat, but I look forward to getting this going again soon.

Time Credits

Again, opportunity to use time credits is minimal at the moment, but volunteers should keep an eye on the Time credits website for opportunities as they arise.

[Go to the Time Credits Website](#) for more info. If you want to get involved just let me know,

Great Links

Newquay Food Bank

- [Main Website](#)
- [Public Facebook Page](#)
- [Private Volunteer only Facebook page](#)
- [Emergency Volunteer Facebook page](#)
- [Online Donation link](#)

Funding

- [Cornwall Community Foundation](#)
- [Transformation Cornwall](#)

Support to those in need

- [Volunteer Cornwall](#)
- [Age UK - Winter Well Being](#)
- [Cornwall Council Winter wellbeing](#)

Training

- [Safeguarding Training](#)
- [Safeguarding Children and Young people](#)
- [Designated Safeguarding Lead Training](#)

Thankyou and stay safe

I hope this Newsletter has brought a smile to your faces and brought you up to date with some of the goings on within the Foodbank. If there are other things you would like seen in the Newsletter please let me know and I will try and include for next month.

For our regular volunteers who have been forced to stay home, as ever if you need anything, just get in touch and let us know.

Until then stay safe

Steph Carlyon

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