

Hello all and Happy Christmas!!!

Well this is a new idea I have been thinking about for a while, to keep everyone in the loop with how we are doing in serving the community and where we are planning on going in the future. Along with any other important information. If there are things you would like included in this Newsletter, please let me know and I will do my best to keep this useful and informative. I will try and go for one every month, but may depend on feedback and input.

We also have a New Facebook Group. This is a closed group for volunteer information only ie Rotas and Upcoming events. If you would like to join please search in facebook for Newquay Foodbank Volunteers or [follow this link](#).

Enjoy 😊

Latest News

Food Parcel Support

With all of your time and effort as volunteers we have managed to provide **140 Food Packages** in November to those who have found themselves in food crisis, many thanks to everyone involved. The impact we continue to make can never truly be measured.

New Fundraising Team

Many of you may know that our funds reached an all time low this August, due to an increase in demand for our support. To turn this situation around we created a fundraising team. These fantastic individuals are seeking out new and exciting ways to increase the funds and ensure we can continue with our amazing work. They are supported by many regular volunteers with a interest in fundraising. Over the last few months we have raised the following:

- Merry Moor Inn Coffee Morning - £700
- Tesco Collection - £80.35 plus a carload of food
- St Columb Light turn on - £135
- Asda token collection - £500



A massive thankyou goes out to all the volunteers who have organised and helped run these events but a special thankyou goes out to Emma Pitman, Laura Allen, Louise Houlton and Scot Taylor who have each put in a great deal of effort and to Sara Bennett and her family at the Merrymoor Inn for allowing another successful function.

Grants

We have also enlisted the amazing support of Nick Warren, a long-time advocate of the Food Bank. He has offered to research and apply for some Grants through Transformation Cornwall, with the hope of accessing some vital funds on our behalf. These funds are for use on Foodbank equipment and day to day running costs. Things we do not like to spend money donated for food on i.e. clothing, equipment, stationary, expenses etc. We have already managed to reinstate the Crisis fund, through his efforts. A fund dedicated to supporting our clients beyond food where required, exact expenditure opportunities for this fund are being investigated as I type.

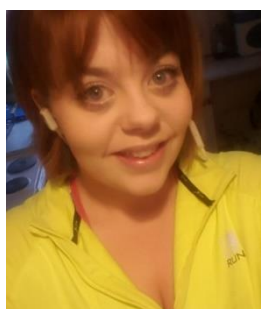
New Leads and Treasurer

I would like to take this opportunity to thank and introduce some new volunteers who have stepped up as Session Leads, a position you are all aware we are short of. So thankyou to Laura Allen who will be supporting at St Michaels and to Emma Pitman and Scott Taylor who will be taking on The Oasis Centre, St Columb Major from January onwards.

Each will be shadowing experienced leads throughout December as they get to grips with their new role, so please support them and thank them for stepping up in this way.

Also hello to Becci Jackson who many of will have met by now who took on the treasurer role from me in August allowing me to get stuck into all of this fun admin stuff 😊

If anyone else is thinking about leading a session, or taking on another role, please get in touch.



Laura Allen



Emma Pitman



Scot Taylor



Becci Jackson



Christmas Giving Project – 01st – 31st Dec 19

After many successful years this project is being re-run throughout December and will see those we support getting a little extra something with their packages, to help them really enjoy Christmas. A massive thankyou to DISC who have once again run their shoe box appeal, ensuring that each of our visitors also receive a small gift to add that extra Christmas spirit.

Christmas Concert – 7th Dec 19

After the success of the concert last year, we are re-running it, this time in team with DISC. The event starts at 6pm at St Michaels Church and is looking to be an amazing event with some fantastic music and stalls. Support is needed during the day to help set up as well as during the evening with the running of stalls and selling raffle tickets. If you are willing to support please get in touch with Louise Houlton and she will give you more details.





Cornwall Services Collection – 8th Dec 19

On 8th December from 9am – 3pm there will be a collection at the Cornwall Services organised by Laura Allen. It is hoped that this will raise some much needed funds as we enter into the Christmas season. If you are willing to support this event and help raise some vital funds, please get in touch with what time you would be willing to give.

Foodbank Social – 15th January 20

A social will be held at my house (96 Bedowan Meadows, TR7 2SW) on Wednesday 15th January from 6pm onwards, this will give us a chance to celebrate the New Year, whilst having a good old chat over a glass of wine ...or coke for those still on their New Year Resolutions. Partners and children are of course invited. Please all just bring some food for the buffet and some drinks to share.



Time Credits

Many of you have now signed up for and are enjoying the benefits of the time credits. With some taking the family swimming at Better leisure, others going to the cinema or playing squash. Remember you can gift your time credits to friends and family to use as well.

To find out more about all the amazing things you can get involved in just [go to the Time Credits Website](#).

However for specific events in Cornwall such as a day out to the Eden Project or December Sports camps for children please [Click here to view their December Newsletter](#).

There is also the option for us to put our own Time Credit spend trip ie a foodbank outing to the Minnack theatre, The Eden Project or the Seal sanctuary, with transport and entry all paid. If interested in organising something like this let me know.

Great Links

Below I have included some links I thought you may find useful. Have a browse:

Newquay Food Bank

- [Main Website](#)
- [Public Facebook Page](#)
- [Private Volunteer only Facebook page](#)

Training

- [Safeguarding Training](#)
- [Safeguarding Children and Young people](#)
- [Designated Safeguarding Lead Training](#)

Funding

- [Cornwall Community Foundation](#)

Support to those in need

- [Age UK - Winter Well Being](#)
- <https://www.cornwall.gov.uk/winterwellbeing>

Happy Christmas

Well all, I think I have bored you enough. My initial plan was this to be one page long!! But there is so much going on. I hope you have found it helpful. If you would like to contribute to next months newsletter, or have more information about particular areas, please let me know.

All the best, have a fantastic Christmas and joyful New Year!!

Steph
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