

Happy Summer

Hello all 😊. I hope this latest Newsletter finds you all well and enjoying your summer. The last few months, within the Foodbank, have been months of lots of action and big decisions which have enabled us to take the Foodbank forward, both to better support our Volunteers, as well as the Community as a whole. In this Newsletter, I will bring you up to speed with some of the latest changes, i.e. Paid Employee, Trussell Trust Membership and Volunteer status'. We had a massive thanks from the Newquay County Council to all Volunteers of the Newquay Foodbank in the form of a Mayors Commendations! Enjoy 😊

Latest News

The Support We Gave

It is pleasing to report that, when looking at the numbers supported through the Foodbank over the last two months, it does seem like things are starting to settle back down again. However, we are all very much aware of the risk of a second wave coming our way. Thank you, so much to all our Volunteers who have been working so hard at sessions, in collections and behind the scenes, to keep our vital support going.

Month Comparison over the last 3 years.

Total Boxes Given Out			
	2018	2019	2020
Jun	88	104	146
Jul	81	104	115

Total Number of People Supported			
	2018	2019	2020
Jun	194	188	265
Jul	171	193	200

Introducing Rosie Corr – New Part Time Employee

Since our Coordinator, Sara Bennett, set up Newquay Foodbank, in 2011, it has grown from strength to strength. From a single site, run out of St Columb Minor, to three sites supporting a much wider Community. The handful of incredibly dedicated volunteers at the start, has also grown to over 70 amazing individuals, all with the aim of supporting anyone, who finds themselves in Food Crisis, on the road back to independence. The increase in demand brings with it an ever-increasing demand on background administration. This



admin work has been handled by a passionate and willing Committee, with support from around the Foodbank, however the obvious need for more regular support had to be addressed.



Thankfully due to the hard work of the Fundraising team and the support of both the WRAP and Cornwall Community Foundation (See Links), we have been able to source funding for a part time employee at 20 hours a week starting from September.

The EGM confirmed Volunteer backing of this move and, following advertisement and interview by a selected recruitment team, we can now welcome Rosie Corr as the successful applicant to the part time Administrator position. It is hoped that Rosie can bring some much needed support to the Committee and provide continuity within the Foodbank.



A note from Rosie

Hi, I'm Rosie. I am so thrilled to be working for the Newquay Foodbank. I have worked in the voluntary sector for quite a few years now, for the RNLI, Wave Project and Eden Project. I have studied International Education, and I love being outdoors, being active, and meeting new people. I have recently done up my garden and I cannot wait to start growing some of my own food. Working for Newquay Foodbank sounds like a really interesting and fun opportunity to make a positive difference to so many people's lives. I love to get stuck in with projects and I cannot wait to meet everyone who volunteers for the Foodbank.

Change in Charity Status – We are now a Charitable Incorporated Organisation (1190483)

Under our old Charity structure (Charity no. 1179381), we were restricted in what we were able to do. One of those restrictions prevented us from employing any individual. To enable us to employ Rosie, we were required to reapply to the Charity Commission to gain Charitable Incorporated Status. Due to the way the Commission works, this is not simply an adjustment to our current status, but a whole new application, resulting in the set up of a whole 'New' Charity. Rest at ease, all the Mission Statements and Aims remain the same, however the **charity number has changed and is now 1190483**. This will require a gradual overhaul of all paperwork and items displaying the old number. This will include your name cards which will be replaced, slow time, with the new details added. The old Charity is now in the process of being closed down, so whilst this is going on you may see us registered twice, this will be resolved shortly.



Trussell Trust Membership



At the AGM the question of Membership to the Trussell Trust was put to the Volunteers. This was voted through as a necessary step towards the future of the Newquay Foodbank. We are now in discussion with the Trussell Trust and as those discussions progress, you will start seeing some subtle changes coming through. The main one, that we are aware of, is the requirement to weigh food in and out. Training for this will be given to all who require it when the time is right. It is hoped that Membership of the Trussell Trust will give the Foodbank more support from a National Level Organisation, enabling us to tap into documentation, guidance and advice from around the UK. Our designated Trussell Trust contact will work with us to ensure we are following Best Practice and current legislation. They will support us in training, funding and progression where required. As we are already established the Trussell Trust have been kind enough to wave the joining fee and many of our practices and projects will not change, however, membership will ensure we are doing things right, which gives confidence to the Trustees and Volunteers as a whole.

Welcoming Back All Volunteers and A New Welcome to Younger Volunteers

Recent Committee discussions have brought two subjects to the front, the welcoming back of all Volunteers who had, until now, been forced to step away in accordance with Governmental Guidance and a new welcome to Volunteers aged 16 – 17 who may wish to get involved.

Welcoming Back Volunteers

As the Governmental guidance has changed, the Committee agreed that now was the right time to start welcoming back Volunteers who have previously stepped away. However, The Committee emphasises that this is entirely at the discretion of those individual Volunteers, in accordance with their own particular circumstances. Risk Assessments are being adjusted and we ask all 'at risk' Volunteers to wear masks. At St. Michaels this is compulsory for ALL Volunteers.

The Session Managers, for each site, have already started to contact previously stood down Volunteers, if you would like to get back involved but have not yet been contacted, please contact me or one of the other Committee Members.

Please do not feel any obligation to do, and if, in fact, you decide that now is the time due to the current situation to step away entirely, again, please just get in contact with me and we will go from there. Everybody's situation is different, we are grateful to all for the time they have given to the Foodbank since its creation. Also to everyone who has supported us through this crisis, in any way, whether that is staying home to keep themselves and others safe or for stepping up to new roles where need arose.

Welcoming 16 – 17 Year Old Volunteers

Recently a few younger adults have questioned whether they would be able to Volunteer within the Foodbank. Until now, our Policies have stated that all Volunteers must be aged 18 and over. However, through discussion, it was agreed that younger Volunteers would add much to the Foodbank from their enthusiasm to their strength and energy; it was also agreed that Voluntary work would greatly benefit the younger generation, getting them involved early in supporting their Community. For this reason, it was agreed that the necessary work would be done by the Safeguarding Officer, to update our policies to state that Volunteers aged 16 – 17 would be invited to support the Foodbank, with their Parents' consent. DBS checks (Where required) will be conducted and, once complete, Volunteers aged 16 – 17 would be invited to support in roles where they would be surrounded by more experienced Volunteers to guide them.



A Mayors Commendation



Now I know we do not do this work for the praise, but it gives me great pleasure to pass on the News that we have been selected as a recipient of a "Mayors Commendation"! (I have included the letter at the end for interest). This letter states that the commendation recognises outstanding contributions by Individuals, Groups and Businesses to life here in Newquay, particularly during the latest COVID-19 Crisis. It is aimed at people who have gone the extra mile for others within the town.

So, may I once again thank you all for the amazing roles you are playing in supporting the Newquay Foodbank. We are making an impact everyday and supporting so many people. Whilst we pray for a day that we are no longer needed, may we continue to meet the demand whilst it is there.

Donations

Thankfully, donations continue to come in at the great rate required to continue supporting our work within the Community. The donations at the supermarkets are fantastic; Sainsburys in particular this month donated several crates of toys, which will be put to one side and given out as part of the Christmas Giving Project.



A lovely couple called Chris and Sue also came up with a fantastic idea for their Golden Wedding, putting together a hamper of Golden related Foods to donate to the Foodbank, a massive thanks to them for a wonderful thought!



St Eval Candle Company have delivered a big donation of beautiful Candles to be given out to each of the Volunteers! If you have not had yours yet do not worry, they are currently being given out in sessions and we will be popping around and leaving candles on doorsteps in September/October, for those Volunteers who do not directly support sessions, to try and ensure all receive their gift of thanks.



Fundraising



Emma Pitman and Anne Colvin continue to do an amazing job behind the scenes in grant applications, ensuring we have the funds to continue, with Becci Jackson, our treasurer, doing well to keep up with the admin, ensuring the monies are used for the purposes intended. The latest funds such as Cornwall Community Foundation and WRAP Grant have all provided payment for a part time employee, as described above, whilst others such as the Ocean Housing Hardship Fund have supported the purchase of some necessary computer equipment to enable Session Managers to access and work on documentation as required, and Volunteer expenses to ensure it never costs anyone anything, other than their time, to Volunteer!

We have also received news of the successful application to the National Lottery Fund which has provided new funding for Volunteer Clothing amongst other essential items, therefore if you do not have Foodbank Clothing yet, expect a phone call from me shortly asking for sizes!!

Grant application is often a long process involving researching and form completion, the successful application to grants means that we can ensure money that is coming from the public is used, as much as possible, for the purchase of food to support the Community rather than the essential costs that arise in the background to keep us going.



Whilst Emma and Anne do a fantastic job, they need help!!!! If you think that you have the motivation, enthusiasm, and time to join this team **please** let us know. This is a role that has no set hours so can be done in the comfort of your own home, sat at a computer. You can give as much time to it as you can manage and will have full support from Emma, Anne and myself to ensure you have the knowledge required. This team is also responsible for the organisation of store front collections and other fundraising activities, although, if you prefer grant applications over event planning or vice versa then that is absolutely fine, you can stick to one or the other, **Volunteering is about enjoyment as well as giving back!** 😊



Upcoming Events

Unfortunately, due to COVID-19, we still cannot hold our usual summer social, but do not worry!!! As soon as the Governmental Guidelines change, the Social Secretary (Emma Pitman) and I will get planning something special to celebrate all of our achievements over the last few months and get everyone back together, to welcome the new and say "Goodbye and Thank You" to those who have decided to step away.

Time Credits – New Credits in!!!

I am pleased to announce that I have now received a new supply of time credits and, as venues are opening up again, we can once again start using them 😊 So, if you support the Foodbank in any way please ensure you chat to the Session leads and receive any Time Credits that are owed to you for Volunteering over this period. If you do not attend sessions directly, but support in other roles, please get in touch with me and let me know what you are owed. **DO NOT FEEL SHY, THIS COSTS US NOTHING** but rather is a thank-you from all local businesses to Volunteers!

Again we know that you do not Volunteer for reward but why not celebrate the effort you put in by taking your family to the Minack Theatre, out for a swim, or to the cinema...you deserve it!!!

If you are not a member of the Time credits Scheme and would like to be, again get in touch with me or one of our leads and I will enrol you, so that you can start receiving the credits.

[Go to the Time Credits Website](#) for more info. If you want to get involved just let me know,



Until Next Time

Thank you all for your ongoing support, until I see you or write to you again, stay safe.

Steph Carlyon

newquayfoodbanksecretary@gmail.com

Great Links

Newquay Foodbank

- [Main Website](#)
- [Public Facebook Page](#)
- [Private Volunteer only Facebook page](#)
- [Emergency Volunteer Facebook page](#)
- [Online Donation link](#)
- [Trussell Trust](#)

Funding

- [Cornwall Community Foundation](#)
- [Transformation Cornwall](#)

Support to those in need

- [Volunteer Cornwall](#)
- [Age UK - Winter Well Being](#)

- [Cornwall Council Winter wellbeing](#)

Training

- [Safeguarding Training](#)
- [Safeguarding Children and Young people](#)
- [Designated Safeguarding Lead Training](#)

Grants received

- [Wrap Grant](#)
- [Ocean Housing Hardship Fund](#)
- [Cornwall Community Foundation](#)
- [National Lottery Fund](#)

Expanded Links for those not viewing this online

Newquay Foodbank

- [Main Website](#)
 - o <http://www.newquayfoodbank.co.uk/>
- [Public Facebook Page](#)
 - o <https://www.facebook.com/Newquay-Foodbank-699984567032215/>
- [Private Volunteer only Facebook page](#)
 - o <https://www.facebook.com/groups/2705306319526271/>
- [Emergency Volunteer Facebook page](#)
 - o <https://www.facebook.com/groups/151879509381279/>
- [Online Donation link](#)
 - o <https://donate.justgiving.com/donation-amount?uri=aHR0cHM6Ly9kb25hdGUtYXBpLmp1c3RnaXZpbmY29tL2FwaS9kb25hdGlvbnMvZTVmMDZlZmRhNGlONDBiYWFiOWZkODdkMzg5NzAyNzU=>
- [Trussell Trust](#)
 - o <https://www.trusselltrust.org/>

Funding

- [Cornwall Community Foundation](#)
 - o <https://www.cornwallcommunityfoundation.com/>
- [Transformation Cornwall](#)
 - o <https://transformation-cornwall.org.uk/>

Support to those in need

- [Volunteer Cornwall](#)
 - o <https://www.volunteercornwall.org.uk/>
- [Age UK - Winter Well Being](#)
 - o <https://www.ageuk.org.uk/information-advice/health-wellbeing/keep-well-this-winter/>
- [Cornwall Council Winter wellbeing](#)
 - o <https://www.cornwall.gov.uk/winterwellbeing>

Training

- [Safeguarding Training](#)
 - o <https://www.minded.org.uk/Component/Details/506011>
- [Safeguarding Children and Young people](#)
 - o <https://portal.e-lfh.org.uk/Component/Details/390901>
- [Designated Safeguarding Lead Training](#)
 - o <https://www.cornwall.gov.uk/health-and-social-care/childrens-services/cornwall-and-isles-of-scilly-safeguarding-children-partnership/learning/safeguarding-training/training-courses/new-designated-safeguarding-lead/>

Grants received

- [Wrap Grant](#)
 - o <http://www.wrap.org.uk/content/covid-19-emergency-surplus-food-grant-phase-2>
- [Ocean Housing Hardship Fund](#)

- <https://www.oceanhousing.com/hardship-fund-support/>
- [Cornwall Community Foundation](#)
 - <https://www.cornwallcommunityfoundation.com/>
- [National Lottery Fund](#)
 - <https://www.tnlcommunityfund.org.uk/>



NewquayCouncil

CorporateService

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4th August 2020

Dear Clare, Steph and team,

I am writing to inform you that Newquay Foodbank have been selected to be the recipient of a 'Mayor's Commendation'.

The Mayor's Commendation Scheme is a new scheme started by myself to recognise an outstanding contribution from individuals, groups or businesses to life here in Newquay particularly during the recent COVID-19 lockdown. It is aimed at those who have gone the extra mile for others within the town, without thought for themselves, often to their own detriment.

You have been recognised by myself and also nominated by a member of the public for your support and service during the lockdown. Your team worked excessive hours to lift the spirits of the community and support those who were in need. You and your organisation are a credit to the town of Newquay.

Could you please contact the office on the attached details and arrange a time convenient to yourself for me to formally present your award.

You should be very proud of what you have done for our community.

Best wishes
Yours Aye

L P Gardner
Councillor
Mayor of Newquay



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