

Happy Easter

Well as we entered the New Year and another lock down things were seeming a bit like ground hog day, but it is exciting to be sat celebrating Easter looking into a planned escape route back to normality. Clearly, we need to be careful and it will be a long road back to recovery for those we support and many of us too, however it gives us hope for a summer in the sun with our families and friends. Thank you all for your continued efforts supporting the Foodbank in so many ways. We are now heading into a new financial year and this will bring with it more change for the Foodbank as we develop and streamline our processes. **Enjoy 😊**

Latest News

The Support We Gave

Compared to the same period last year Jan – Mar we supported 731 more people giving out 196 more boxes. This is clearly a reflection of the difficult times families have faced throughout the lock down period and over the new year especially.

Month Comparison over the last 3 years.

Total Boxes Given Out			
	2019	2020	2021
Jan	112	166	285
Feb	85	121	242
Mar	138	190	146

Total Number of People Supported			
	2019	2020	2021
Jan	240	267	721
Feb	174	217	594
Mar	247	424	324

Farewell to Stuart Tamblyn



It is with great sadness that we have to say goodbye to one of our longest running Volunteers Stuart Tamblyn who passed away suddenly on the 9th March at the age of 94. Stuart was one of the stalwarts of the St Michaels team pre-COVID always one of the first to Volunteer and never shy away from what needed to be done.

He enjoyed engaging with the team demonstrating his great sense of humour and working in the packing office sorting the stock and preparing boxes for delivery. As a member of Newquay Methodist church, he came to the Foodbank with other members to support at the very beginning of the Charity and stayed with it ever since.

He will be greatly missed by all within the Foodbank and within the St Michaels team in particular, our thoughts go out to the family.

Christmas Giving Project



The Christmas Giving project ran again this year with a massive thanks to the Young Farmers Association, St Columb Major Rotary Club, Fish House and Cornwall Councillors.

We were able to support 83 Families with Christmas Giving parcels on top of the standard Food parcels to helping them to feed their families throughout Christmas.

A big thanks goes to Graham our Stock Manager for all of his hard work shifting the stock between sites and to Sara and Sally for organising and delivering the project.

Clearly this is a massive project that relies on Volunteers from all over the Foodbank and it is amazing to see how everyone pulls together and in the midst of a pandemic still turn up week in and week out to ensure that the families who need us get the support so vital to them, even more at Christmas Time.

Two schools also received a total of 37 Christmas bags to give out to families within their areas who needed support.

Sally moving on to a full time role

Sally joined us back in October as our part time administrator, since then she has worked tirelessly to support the Foodbank, shape up some of our processes and align us with the Trussell Trust. The Committee would like to thank Sally for all of the time and energy she has given to us and wish her all the best as she moves into more of a full time role within her other employment.



In particular, Sally was the lead on the Schools pilot project which saw us provide Food parcels straight to the schools for them to give out as their families need and report back to us. This has been a fantastic initiative and whilst some work is needed before it is rolled out across the network, it has already proved to be a lifeline to busy families who can not find time to make it to a Foodbank session but can still access our support via the schools. We look forward to this project moving forward and I am sure Sally will be keeping an eye on it from afar.

Debbie Waller joining us as Ops Manager



As we say goodbye to one superstar we say hello to another. In the restructure of the Foodbank the need for a part time manager was very evident as a point of contact with the authority to make real change where change was needed but also support the already fantastic job everyone was doing. With this in mind we got to recruiting over the last month and are pleased to introduce you to the successful candidate Debbie Waller.

A few words from Debbie:

Hello everyone!!! 😊

I am Debbie, the new Operations Manager for Newquay Food Bank. I have spent my career working within Adult Social Care in various roles including as a social worker working with young people facing life threatening illness and as a manager of a variety of different services.

Though the Foodbank will be new to me, I am very much looking forward to a new challenge. I feel passionately that people should not have to depend on Foodbanks, in order to feed their families, and I will work tirelessly to get this message across and support everyone in providing a caring service in the meantime. I look forward to working with you all!

When not working I enjoy walking my two Labradors and spending time with family especially my 6 year old granddaughter.

Donations

Thankfully to meet the demand the donations keep on coming in and we are so so very grateful to everyone who continues to support us as we support those in need.



January to March have seen donations from the Small Wonders Nursery, Narrowcliff Surgery, Penhallow Service Station and St Columb Major Boots amongst many many others.

Big shout out to our normal drop off locations and to every member of the public who donates by them whether that is Morrisons, Sainsburys, Asda, Aldi or Perranporth Coop. THANKYOU!!!!!!

Fundraising



The Online donations are continuing to support the provision of foods that are not regularly donated to ensure that the Food parcels provide a well-balanced nutritious set of meals click on the link to see the online donations page.

Donations via the Co-Op membership funds are also coming in with our first payment of over £600 received last month. Thankyou to all who have chosen us as their local charity. If you haven't yet, and want to, please follow the link below.

[Co-op Fund](#)

If you are not a member but would like to support us in this manner, then signing up is easy either in branch or online.



Grahaeme Jones is walking 500 miles for the Foodbank

Taking his inspiration from the famous "500 miles (I'm gonna be)" song by The Proclaimers, Grahaeme has challenged himself to walk 500 miles for the Newquay Foodbank. Ensuring all walks are completed COVID secure he is taking this challenge on solo.

Having experienced food poverty himself whilst he was growing up back in the 1980's he knows all too well what families are going through as they face the financial hardships only made worse by the COVID pandemic.

Thank you Grahaeme for your willingness to support us in this way and we wish you all the best with the fundraising and the walks, don't get too many blisters. To support Grahaeme simply [follow this link](#).

Upcoming Events



With the financial year ending on 05 Apr, the next event we will be looking for is the AGM. This we are hoping to delay until Government guidelines can allow us to all meet together again so aim at the moment will be June 21.

In preparation for that please consider if you would like to step forward and take on any new exciting roles within the Foodbank or if you would like to join us for the first time. The restructure of the Foodbank is nearly complete and when done any positions yet unfilled will be advertised far and wide to bring in more talent to support us moving forward. As with all AGMs all positions are up for vote and therefore if there is something you are interested in let me know and I will put your name in the hat for the role 😊

Time Credits – New Credits in!!!

The Time credits team have been working hard to create new partners whilst activities are currently closed to the public. Offers include

- £25 Just Eat gift cards
- 1 Year Disney+ subscription
- £10 Morrisons Gift Card
- £10 Costa gift cards
- £10 national book EToken
- Many Many more

Reminder we are a time credits partner so for volunteering with us we can provide time credits for you to use as above. The whole system has now moved away from paper vouchers and on to a online platform so the credits can simply be added to your account by our admin Volunteer.

To log in or sign up to your account please [Go to the Time Credits Website](#) for more info.



Until Next Time

Thank you all for your ongoing support, until I see you or write to you again, stay safe.

Steph Carlyon

secretary@newquayfoodbank.co.uk

Great Links

Newquay Foodbank

- [Main Website](#)
- [Public Facebook Page](#)
- [Just Giving Donation link](#)
- [Time Credits](#)
- [Trussell Trust](#)

Support to those in need

- [Age UK - Winter Well Being](#)
- [Volunteer Cornwall](#)

Training

- [Safeguarding Training](#)
- [Safeguarding Children and Young people](#)

Funding

- [Co-op Fund](#)
- [Cornwall Community Foundation](#)
- [Ocean Housing Hardship Fund](#)
- [National Lottery Fund](#)
- [Transformation Cornwall](#)
- [Wrap Grant](#)
- [500 Mile Challenge](#)

Expanded Links for those not viewing this online

Newquay Foodbank

- [Main Website](#)
 - o <http://www.newquayfoodbank.co.uk/>
- [Public Facebook Page](#)
 - o <https://www.facebook.com/Newquay-Foodbank-699984567032215/>
- [Just Giving Donation link](#)
 - o <https://www.justgiving.com/newquayfoodbank>
- [Time Credits](#)
 - o <https://www.tempotimecredits.org/sign-up>
- [Trussell Trust](#)
 - o <https://www.trusselltrust.org/>

Support to those in need

- [Age UK - Winter Well Being](#)
 - o <https://www.ageuk.org.uk/information-advice/health-wellbeing/keep-well-this-winter/>
- [Volunteer Cornwall](#)
 - o <https://www.volunteercornwall.org.uk/>

Training

- [Safeguarding Training](#)
 - o <https://www.minded.org.uk/Component/Details/506011>
- [Safeguarding Children and Young people](#)
 - o <https://portal.e-lfh.org.uk/Component/Details/390901>
- [Designated Safeguarding Lead Training](#)
 - o <https://www.cornwall.gov.uk/health-and-social-care/childrens-services/cornwall-and-isles-of-scilly-safeguarding-children-partnership/learning/safeguarding-training/training-courses/new-designated-safeguarding-lead/>

Funding

- [Co-op Fund](#)
 - o <https://membership.coop.co.uk/causes/44180>
- [Cornwall Community Foundation](#)
 - o <https://www.cornwallcommunityfoundation.com/>
- [National Lottery Fund](#)
 - o <https://www.tnlcommunityfund.org.uk/>
- [Ocean Housing Hardship Fund](#)
 - o <https://www.oceanhousing.com/hardship-fund-support/>
- [Transformation Cornwall](#)
 - o <https://transformation-cornwall.org.uk/>
- [Wrap Grant](#)
 - o <http://www.wrap.org.uk/content/covid-19-emergency-surplus-food-grant-phase-2>
- [500 Mile Challenge](#)
 - o https://www.justgiving.com/fundraising/grahaeme-jones500m?utm_source=Sharethis&utm_medium=fundraising&utm_content=grahaeme-jones500m&utm_campaign=pfp-email&utm_term=076c5842e6aa4ead8f81fdcd79438c34