

Sources of Support in Cornwall

| Type of support | Organisation | Contact details | Opening hours |
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| Cornwall Partnership NHS Foundation Trust: If you are struggling to register with a GP and need to speak to us about registration or booking a clinic, call 01872 221 240 and we will try to help. GP Outreach Clinics | NHS | call 01872 221 240 GP Outreach Clinics Newquay: Wednesdays, 1pm to 4pm Store House, Seymour Avenue, TR7 1BL 7 and 21 May, 4 and 18 June, 2, 16 and 30 July, 13 and 27 August, 10 and 24 September, 8 and 22 October, 5 and 19 November and 3, 17 and 31 December. | |
| Nurse Helpline | Cancer Research UK | 0808 800 4040 Online form: Cancer Research UK | 9am – 5pm, Mon-Fri |
| Online chat | Macmillan | Chat online Macmillan Cancer Support | 8am – 8pm, 7 days |
| Trained advisors, including cancer information specialist nurses who can provide emotional support and practical information | Macmillan | 0808 808 0000 Or by email: Email the Macmillan Support Line - Macmillan Cancer Support (reply within 2 working days) | 8am – 8pm, 7 days; |
| Cornwall NHS services – Breast cancer & screening at Mermaid Centre | Mermaid Centre, Royal Cornwall Hospital, Truro | Breast care Royal Cornwall Hospitals NHS Trust 01872 252880 Email: Rch-tr.mermaidcentre@nhs.net Book/change appointment: How to book or change a breast screening appointment - NHS | |
| Cornwall NHS services – The Cove Macmillan Centre: The Cove provides the following services: | Royal Cornwall Hospital, Truro | The Cove Macmillan Support Centre Royal Cornwall Hospitals NHS Trust | |

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| <ul style="list-style-type: none"> • Information and support • Citizens Advice Cornwall & Macmillan (financial advice) • Counselling and psychological support • Physiotherapy • Patient support groups • Carers group • Wig service • Macmillian HOPE Course • Complimentary therapies • Nutritional advice • Café and refreshments • Reiki, Yoga, Tai-Chi and relaxation sessions • Look Good Feel Better, make up and skincare for Women and skincare and grooming for Men | | <p>01872 256363 (9am to 4:30pm on weekdays)</p> <p>Email: thecove@nhs.net</p> <p>Wig service appointment booking: 01822 610292</p> | |
| Cancer service at Derriford | NHS | Mustard Tree University Hospitals Plymouth NHS Trust | |
| Urgent help | | <p>Call your GP and ask for an emergency appointment</p> <p>Call NHS 111</p> <p>Call the Palliative Care Out of Hours Team 01872 224 050</p> <p>Call Samaritans free on 116 123</p> | |

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| Health support for homeless | | Health for Homeless Service Cornwall Partnership NHS Foundation Trust | |
| Find support groups in Cornwall – Cancer Support Service | Age UK | Cancer Support Service Age UK Cornwall 01872 266383 email@ageukcornwall.org.uk | |
| Financial advice | Macmillan | 0808 808 0000 Or by email: Contact form | 8am – 6pm, Mon-Fri |
| Community support | Macmillan | Cancer Chat Forum Cancer chat forum - Macmillan Online Community | |
| Support in other languages | Cancer Research UK | 1. Overseas organisations and cancer information in other languages Coping with cancer Cancer Research UK 2. Resources in other languages Coping with cancer Cancer Research UK | |
| Support resources for those with learning difficulties | Cancer Research UK | Resources about cancer for people with learning disabilities Coping with cancer Cancer Research UK | |
| Nutrition and wellbeing advice | Penny Brohn UK can give you information about appropriate, balanced and nutritious diets | Helpline: 0303 3000 118 Email: info@pennybrohn.org.uk or fill out their contact form Penny Brohn UK – Cancer wellbeing for everyone | |

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| | for people with cancer. | | |
| Impact on fertility | NHS | Future Fertility Programme Oxford - Oxford University Hospitals | |
| Support for employers | Maggie's | Support for employers Maggie's | |
| Nationwide Marie Curie nursing service, providing care for patients in their own homes throughout the day or night, free of charge. End of Life | Marie Curie | Marie Curie The UK's leading end of life charity Marie Curie Support line: 0800 090 2309 Email: Marie Curie Support Line Helpline Marie Curie | Support line: Open 8am to 6pm Monday to Friday, and 10am to 4pm Saturday to Sunday. |
| Life After Cancer supports adults with their mental wellbeing after cancer. They offer support through support groups, coaching programmes, and one to one coaching. | Life After Cancer | Hello@life-aftercancer.co.uk Life after Cancer In-person and online post cancer support UK | |
| Cancer support in Bude | Bude Cancer Support | Bude Cancer Support, Support for those affected by cancer | |
| Cornwall Hospice Care and directory of useful organisations | Cornwall Hospice Care | Community Services - how we support you closer to home | |
| LGBTQi | | LGBTQIA+ community - Cornwall Hospice Care | |
| Prevention – Healthy Living Advice Healthy Lifestyle and Mental Health Services - Peninsula Cancer Alliance | Healthy Cornwall, One Small Step | Cornwall: healthycornwall.org.uk , 01209 615600 Devon: onesmallstep.org.uk , 0800 2982654 | |
| List of organisations to help with End of Life Care Cancer specific links | Cornwall Hospice Care | End of life planning - Cornwall Hospice Care Cancer & Oncology - Cornwall Hospice Care | |

