

Harvest appeal



Help support your food bank this Harvest

In the weeks leading up to Harvest, Newquay Foodbank will provide much needed food and essentials to local individuals and families facing hardship.

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

UHT milk

Tinned meat

Tinned fish

Cooking sauces

Tinned veg/ fruit

Microwave rice

Tinned pudding

Tinned custard

Squash

Unisex toiletries

www.newquay.foodbank.org.uk

